

# SAINT NICHOLAS RUSSIAN ORTHODOX CHURCH

Reverend Matthew Joyner, Rector

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Very Reverend James Mason, Attached

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## **Note to our Guests and Friends Visiting St. Nicholas:**

We offer a most sincere and heart-felt welcome to St. Nicholas Church! Please be advised that according to the ancient traditions of the Orthodox Church, the Sacrament of Holy Communion is to be administered only to Orthodox Christians who have prepared themselves to receive the Holy Sacrament.

*(Please note - Information to be included in next week's bulletin must be submitted by noon on Thursday. Thank you! ~ Jennifer N. Bzik)*

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# Schedule for the Week of March 1, 2020

**SUNDAY OF CHEESEFARE – Tone 4. The Expulsion of Adam and Eve from Paradise.** Martyr Eudoxia of Heliopolis (ca. 160-170). Ven. Martyrii (Martyrius) of Zelenétsk (Pskov–1603). Martyrs Nestor and Tribimius (3rd c.). Martyr Antonina of Nicæa in Bithynia (3rd-4th c.). Martyrs Marcellus and Anthony. Virgin Domnina of Syria (ca. 450-460). Ven. Agapius of Vatopedi (Mt. Athos).

**Coffee Hour Hosted By:** Kavchok/Mascari Families

## **Father Matthew's Office Hours This Week**

**Wednesday** 12:00 pm – 6:00 pm

**Friday** 9:00 am – 1:00 pm

## Weekly Calendar

### Pierogi:

**Monday** 6:30 am – 11:00 am

**Tuesday** 6:30 am – 9:00 am

**Wednesday** 6:30 am – 11:30 am

**Monday, March 2, 2020**----- 7:00 pm Great Canon of St. Andrew of Crete

**Tuesday, March 3, 2020**----- 7:00 pm Great Canon of St. Andrew of Crete

**Wednesday, March 4, 2020**----- 6:00 pm Presanctified Liturgy

**Thursday, March 5, 2020**----- 7:00 pm Great Canon of St. Andrew of Crete

**Friday, March 6, 2020**----- 9:00 am to 3:00 pm Paska Bread Baking

7:00 pm Great Canon of St. Andrew of Crete

**Saturday, March 7, 2020**----- 9:00 am Divine Liturgy St. Theodore the

Recruit

5:15 pm – Monthly Panikhida

6:00 pm – Vespers (Confessions to follow)

**Sunday, March 8, 2020**----- The Sunday of Orthodoxy, with procession around the Church with the Icons

9:10 am – Hours

9:30 am – Divine Liturgy (Church School after Communion

4:00 pm Sunday of Orthodoxy Service at St. Nicholas Greek Orthodox Cathedral, Bethlehem

## Upcoming Events and Services

**Tuesday, March 10, 2020**----- 7:00 pm Communication Group Meeting

**Wednesday, March 11, 2020**---6:00 pm Presanctified Liturgy

**Friday, March 13, 2020**----- 7:00 pm Akathist

**Saturday, March 14, 2020**----- 9:00 am Memorial Saturday Divine Liturgy

5:00 pm - Confessions

6:00 pm - Vespers

**Sunday, March 15, 2020**----- 9:30 am Divine Liturgy St. Gregory Palamas

4:00 pm St. Gregory Palamas Pan-Orthodox

Lenten Vespers at St. Philip (Antiochian)

Orthodox Church, Souderton

**Monday, March 16, 2020**----- 7:00 pm Church Council Meeting

**Tuesday, March 17, 2020**----- 7:00 pm Christian Education Meeting

**Wednesday, March 18, 2020**---6:00 pm Presanctified Liturgy

**Friday, March 20, 2020**----- 7:00 pm Akathist

**Saturday, March 21, 2020**----- 9:00 am Memorial Saturday Divine Liturgy

5:00 pm - Confessions

6:00 pm - Vespers

**Sunday, March 22, 2020**----- 9:30 am Divine Liturgy Veneration of the

Cross

4:00 pm Veneration of Precious Cross Pan-

Orthodox Lenten Vespers at St. Mary's

Ukrainian Orthodox Church, Allentown

**Tuesday, March 24, 2020**----- 7:00 pm Active Service Meeting

**Wednesday, March 25, 2020**---6:00 pm Vespersal Divine Liturgy Annunciation

**Friday, March 27, 2020**----- 7:00 pm Akathist

**Saturday, March 28, 2020**----- 9:00 am Memorial Saturday Divine Liturgy

5:00 pm - Confessions

6:00 pm - Vespers

**Sunday, March 29, 2020**----- Deadline for Paska Bread & Pierogi Sale orders

9:30 am Divine Liturgy St. John Climacus

4:00 pm St. John Climacus Pan-Orthodox

Lenten Vespers at St. Nicholas Russian

Orthodox Church, Bethlehem

**Wednesday, April 1, 2020**----- 6:00 pm Presanctified Liturgy

**Thursday, April 2, 2020**----- 7:00 pm Great Canon of St. Andrew of Crete with the Life of St. Mary of Egypt

**Friday, April 3, 2020**----- 7:00 pm Akathist

**Saturday, April 4, 2020**----- 9:00 am Divine Liturgy Most Holy Theotokos

5:15 pm - Monthly Panikhida

6:00 pm - Vespers (Confessions to follow)

**Sunday, April 5, 2020**----- 9:30 am Divine Liturgy St. Mary of Egypt

4:00 pm St. Mary of Egypt Pan-Orthodox

Lenten Vespers at St. Paul Antiochian

Orthodox Church, Emmaus

**Wednesday, April 8, 2020**----- 6:00 pm Presanctified Liturgy

**Friday, April 10, 2020**----- 7:00 pm Matins for Lazarus Saturday

**Saturday, April 11, 2020**----- 9:00 am Divine Liturgy Lazarus Saturday

11:00 am to 2:00 pm Paska Bread & Pierogi Sale Pick Up Day

5:00 pm - Confessions

6:00 pm - Vespers

**Sunday, April 12, 2020**----- 9:30 am Divine Liturgy Palm Sunday

4:00 pm Bridegroom Matins

**Monday, April 13, 2020**----- 9:00 am Presanctified Liturgy Holy Monday  
7:00 pm Bridegroom Matins

**Tuesday, April 14, 2020**----- 9:00 am Presanctified Liturgy Holy Tuesday  
7:00 pm Bridegroom Matins

**Wednesday, April 15, 2020**---- 9:00 am Presanctified Liturgy Holy  
Wednesday  
7:00 Holy Unction

**Thursday, April 16, 2020**----- 9:00 am Divine Liturgy of St. Basil Holy  
Thursday  
7:00 pm The 12 Passion Gospels

**Friday, April 17, 2020**----- 9:00 am Royal Hours Holy Friday  
4:00 pm Burial Vespers  
6:30 pm Matins - Lamentations  
All Night Watch

**Saturday, April 18, 2020**----- 9:00 am Vesperal Divine Liturgy Holy  
Saturday  
11:30 pm Paschal Vigil and Divine Liturgy  
Followed by the blessing of baskets and the  
Agape meal

**Sunday, April 19, 2020**----- 11:00 am Agape Vespers PASCHA

**Monday, April 20, 2020**----- 9:00 am Divine Liturgy Bright Monday

**Saturday, April 25, 2020**----- 5:45 pm Ninth Hour  
6:00 pm Great Vespers

**Sunday, April 26, 2020**----- 9:30 am Divine Liturgy St. Thomas Sunday  
2:00 pm Blessing of the Graves

**Monday, May 18, 2020**----- Pennsylvania March For Life (Harrisburg, PA)

# **Sunday Hymns from the Octoechos, Tone 4**

## **Tone 4      Troparion      (Resurrection)**

When the women disciples of the Lord learned from the angel the joyous message of thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: "Death is overthrown! Christ God is risen, granting the world great mercy!"

## **Tone 6      Kontakion      (from the Lenten Triodion)**

O Master, Teacher of wisdom, Bestower of virtue, Who teachest the thoughtless and protectest the poor, strengthen and enlighten my heart! O Word of the Father, let me not restrain my mouth from crying to Thee: Have mercy on me, a transgressor, O merciful Lord!

## **Tone 8      Prokeimenon**

Pray and make your vows before the Lord, our God! (Ps 75/76:11)

In Judah God is known; His name is great in Israel. (Ps 75/76:1)

# **Epistle Lesson for Today: Romans 13:11-14:4**

Read by: Joe Kavchok

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

## **Alleluia Verses - Tone 6**

Alleluia, Alleluia, Alleluia!

It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High.  
(Ps 91/92:1)

To declare Thy mercy in the morning, and Thy truth by night.(Ps 91/92:2)

## **Gospel Lesson for Today: Matthew 6:14-21**

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

### **Communion Hymn**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

### **Hymn to the Theotokos**

It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim; without defilement you gave birth to God the Word; true Theotokos, we magnify you.



# **Candle Offerings for Sunday, March 1, 2020**

## **Vigils in Altar**

Happy Birthday Scott Radio, Offered by Mom & Dad

## **Vigils in Altar**

Happy Birthday Rosalie, Offered by Greg, Radios & Tomsics

## **Vigils in Altar**

In Memory Of George and Stephen Jubinsky  
Offered by Jubinsky & Novatnak Families

## **Votives in Altar**

In Memory Of George and Stephen Jubinsky  
Offered by Jubinsky & Novatnak Families

## **Votives in Iconostas**

Happy Birthday David Bisozzo, Offered by Aunt Joan & Aunt Pat

## **Vigil in Side Candle Holders**

Happy Birthday David Bisozzo, Offered by Aunt Joan & Aunt Pat

## **Vigil in Side Candle Holders**

Happy Birthday David Bisozzo, Offered by Aunt Joan & Aunt Pat

## **Crosses**

Happy Birthday Scott, Offered by Tomsic Family

## **Vigils on the Tetrapod**

Happy Birthday Scott, Offered by Jen, Ethan, Owen, Kody, Austin & Devon

## **Vigils - Icon of the Virgin Mary**

In Honor Of Natalie Stepanoff's Birthday, Offered by Terry Butler

## **Votives - Icon of the Virgin Mary**

In Honor Of Natalie Stepanoff's Birthday, Offered by Terry Butler



*The Orthodox Church in America*  
*DIOCESE OF PHILADELPHIA AND EASTERN PENNSYLVANIA*  
*The Most Rev. Mark, Archbishop of Philadelphia*

March 01, 2020  
The Expulsion of Adam and Eve from Paradise

Dear to God,

Christ is in our midst! As we enter Great Lent, I ask your forgiveness for my sins, known and unknown. Embracing bodily fasting, let us remember that the intent of the fast is to gain control of our bodies and offer ourselves as a living sacrifice to our Lord. We are to consider the members of our bodies dead to sin, yet alive unto God. When the Lord returns in Glory with the Saints and Holy Angels, He will not simply be looking for the absence of vice, but the presence of virtue. Please read the homily of Metropolitan Anthony Bloom below and hide his words deep in your heart. Read them weekly, as a reminder of why we fast. Our salvation, our forgiveness is dependent upon our ability to forgive others.

*Metropolitan Anthony Sourozh*  
*Forgiveness Sunday*  
*19February 25, 1996*

In the name of the Father, the Son and the Holy Ghost.

To-day two themes dominate the readings of the Holy Scriptures. St Paul speaks to us about fasting and the Lord about forgiveness, and St Paul insists on the fact that fasting does not consist simply of depriving oneself of one form of food or another, neither does it, if it is kept strictly, obediently, worshipfully, give us any ground to be proud of ourselves, satisfied and secure, because the aim of fasting is not to deprive our body of the one form of food rather than the other, the aim of fasting is to acquire mastery over our body and make it a perfect instrument of the spirit. Most of the time we are slaves of our bodies, we are attracted by all our senses to one form or another of enjoyment, but of an enjoyment which goes far beyond the purity which God expects of us.

And so, the period of fasting offers us a time during which we can say not that I will torment my body, limit myself in things material, but a time when I will re-acquire mastery of my body, make it a perfect instrument. The comparison that comes to my mind is that of tuning a musical instrument; this is what fasting is, to acquire the power not only to command our body, but also to give our body the possibility to respond to all the promptings of the spirit.

Let us therefore go into fasting with this understanding, not measuring our fasting by what we eat and how much, but of the effect it has on us, whether our fasting makes us free or whether we become slaves of fasting itself.

If we fast let us not be proud of it, because it proves simply that we need more perhaps than another person to conquer something in our nature. And if around us other people are not fasting let us not judge them, because God has received the ones as He receives the others, because it is into the heart of men that He looks.

And then there is the theme of forgiveness, of which I will say only one short thing. We think always of forgiveness as a way in which we would say to a person who has offended, hurt, humiliated us, that the past is past and that we do not any more hold a grudge against this person. But what forgiveness means more deeply than this is that if we can say to a person: let us no longer make the past into a destructive present, let me trust you, make an act of faith in you, if I forgive you it means in my eyes you are not lost, in my eyes there is a future of beauty and truth in you.

But this applies also to us. Perversely, we think very often of forgiving others, but we do not think sufficiently of the need in which we are, each of us personally, of being forgiven by others. We have a few hours left between the Liturgy and the Service of Forgiveness tonight, let us reflect and try to remember, not the offences which we have suffered, but the hurts which we have caused. And if we have hurt anyone in one way or another, in things small or great, let us make haste before we enter into Lent tomorrow morning, let us make haste to ask to be forgiven, to hear someone say to us: in spite of all that has happened I believe in you, I trust you, I hope for you and I will expect everything from you. And then we can go together through Lent helping one another to become what we are called to be - the Disciples of Christ, following Him step by step to Calvary, and beyond Calvary to the Resurrection. Amen.

Your unworthy father in Christ,

+ Mark

+MARK, Archbishop of Philadelphia and the Diocese of Eastern Pennsylvania



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Diocesan Treasurer: Mark Linnehan \* [treasurer@doepa.org](mailto:treasurer@doepa.org)

"Thou hast made us for Thyself, O Lord, and our heart is restless until it finds its rest in Thee." August

## **Announcements**

### **A Note of Thanks**

Beloved Parish Family,

Thank you so much for helping us celebrate the forthcoming arrival of our new little one! We were blessed beyond measure at your generosity and love! May God bless you all! ~~~Fr. Matthew, Mat. Ashley & Liam Joyner

### **A Note from Bright Hope**

Dear Patty,

Thank you so much for being passionate about our ministry and for advocating for us to present our services to St. Nicholas Russian Orthodox Church. Antoinette and I felt so welcomed and encouraged by your church. The generous gift given to us from your coffee hour will help save lives! Grateful for you! ~~~Jen Davies

### **IMO Donations Received**

In Memory Of Ted Fedora, Offered by Pauline Senick

### **Contact Information Update Reminder**

If you have not yet updated your contact information, please see Jennifer Bzik as soon as possible. Your help is greatly appreciated as we update our communications methods!

### **Paska Bread & Pierogi Sale**

Please contact Maxine Marsh to place orders for the Paska Bread & Pierogi Sale. Orders must be placed by noon on Sunday, March 29, 2020 and picked up on Saturday, April 11, 2020 between 11:00 am and 2:00 pm.

## Announcements

### **Looking for a gift for someone?**

We've got a perfect way to say "Thanks!"  
or "I'm Thinking of You".



**Grocery Gift Cards** are the ideal gift that everyone can use. When you purchase a gift card from our parish, you are helping our parish earn 5% income every time on each card. Last year alone, your card purchases helped raise \$2,000 for our church.

Participating stores are: Giant, Valley Farm, and Weis Markets. Card denominations are \$10, \$20, \$25, \$50, and \$100. Special value cards for \$200 and \$300 may be ordered upon request with advance notice. Cards do not expire, so please consider purchasing a Grocery Gift Card the next time you need to buy a gift for someone. Better yet, why not get yourself a grocery gift card to use for your weekly shopping purchases and help earn some money for our parish!

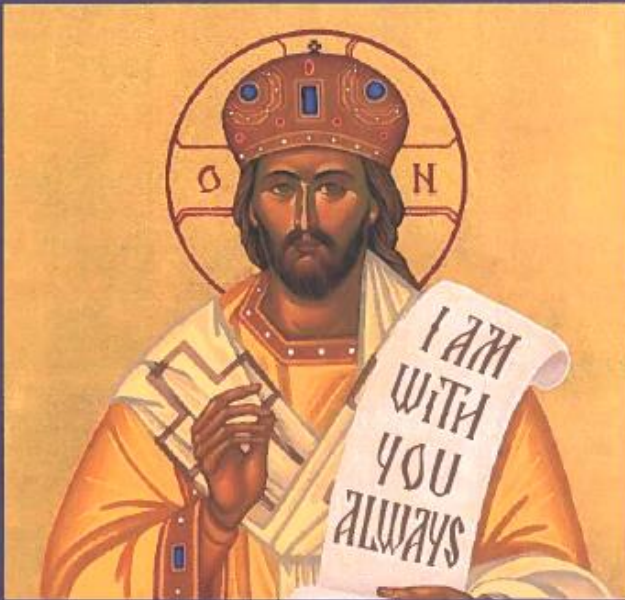
See Stephanie Pasquel for Grocery Gift Cards. (Cash or checks please.)

### **Please Help Me Be Accurate!**

When you're signing up for things at the candle desk, please print clearly so that I can use accurate information with correct spellings. I am human, so mistakes will happen, but your neatness is a big help in getting things right as much as possible. Thank you!!! ~~~ Jennifer Bzik

### **Upcoming Events Information Request**

If your church ministry or group will be having any event or using the church facilities in any way, please notify Jennifer Bzik so that she may reflect the information on our internal calendar. You may also indicate if the event should be posted on the church website for the public. Thank you!



# Master of my life

*with Father Noah Bushelli*

**Christ** the Master of my time  
**Christ** the Master of my inner world  
**Christ** the Master of my outer world

**TEEN  
LENTEN  
RETREAT  
2020**

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**Saturday  
March 7  
3-7 PM**

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**Saint George  
Orthodox  
Church**

1011 Catasauqua Ave  
Allentown, PA 18102

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**RSVP by March 2  
610-248-1355**

**[karstenboyer@gmail.com](mailto:karstenboyer@gmail.com)**

Heavenly Father...

Physician of our souls and bodies, Who has sent Your only-begotten Son to heal every sickness and infirmity, visit and heal us, Your Servants, from all physical and spiritual ailments, through the grace of Your Son, Jesus Christ. Grant to us patience in this sickness, strength of body, and recovery of health. Lord, You have taught us through Your Word to pray for each other that we may be healed. For You are the source of healing, and to You we give glory; Father, Son and Holy Spirit. Amen.

## **Prayers at the Divine Liturgy for the Health of the Servants of God:**

**Igumen David Lewis**

**Archbishop David Mahaffey**

**Archpriests:** Thomas Edwards, John Perich, Rodion Pfeifer, James Mason, Claude Vinyard, Dimitri Oselinsky, David Shewczyk, Dennis Swenki, James Weremedic

**Priests:** Matthew Joyner, Ian Shipley, John Nightingale

**Matushki:** Ashley Joyner, Marie Mason, Johanna Bohush, Evelyn Edwards, Paraskeva Vansuch, Myra Kovalak, Gloria Martin, Irene Rachko, Maryann Oselinsky, Priscilla Shipley, Katia Vansuch, Lisa Weremedic

**Servants:** Bethany Bruder, Mary Brzuchalski, Jean Butrymowicz, Helen & George Cotirgasanu, Roberta Cusick, Val Danchenko, Christopher Felix, Olga Frimenko, Patricia G. Fu, Barbara Horsky, David Gowarty, Walter Grigoruk, Rachel Hardesty, Nicholas Hazzard, Jonathan Hontz, Michael H. Isbansky, Doris Johnson, Sarah Jubinski, Pauline Kasick, Greg Konsevitch, Mary K. Koretski, Stephanie Koretski, David Lezinsky, Judy Lezinsky, Olga Maksimova, Peter Marsh, Lanelle Mikolaitis, Catherine Miller, Mary Orzolek, Ryan Pinkowicz, Kiera Pheiffer, Gordon Roberts, Clara Roman, Victoria Ross, Mary Ruzila, Nancy A. Sabol, Robert Schainfeld, Cate Shea, Julia Smith, Julia G. Smolenski, Mary Strohecker, Ola Tatusko, John Uzick, Irene Witanek

**Child of God:** Emily Estrin

**Handmaidens of God:** Mat. Ashley Joyner, Jamee Bresee-Slivka, Leona Roberts & their unborn children

**Please remember them and all our homebound and nursing home parishioners in your daily intercessory prayers.**

## THE MIRACLE OF THE BOILED WHEAT

**T**he two saints depicted on today's Bulletin share the same name: Theodore TYRON and Theodore STRATILATES. Their lives were quite similar as well, for both were originally officers in the Roman Army before pledging their allegiance to Christ. Both suffered martyrdom for their convictions.

Although they were not acquainted with each other in life, they are said to have shared an important role in a great miracle AFTER their death! In the early Church, it was a common practice for Christians to cleanse themselves spiritually and physically during the first week of the Great Fast. Indeed, the Church still refers to this time as the WEEK OF PURIFICATION. In 362 A.D., the Emperor Julian the Apostate, a bitter enemy of the Church, secretly had all of the food supplies in the marketplace sprayed with the blood of animals sacrificed to idols in an attempt to defile the fasting efforts of the Christians.

The Lord intervened, however, causing Theodore TYRON and Theodore STRATILATES to appear in a dream to Aphdioxius, the Archbishop of Constantinople, revealing this diabolical scheme. The hierarch was instructed to inform the faithful to avoid the polluted food and to sustain themselves only on boiled wheat. Julian's plot was foiled, and the Christians remained pure in their Lenten abstinence.

For this reason, the first Saturday of Great Lent is traditionally referred to as "Theodore Saturday," a day when this wonderful miracle is remembered. This is also the basis of the custom of preparing the boiled wheat, known as KOLIVA, for memorial services in the Church.

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

## **Daily Scripture Readings**

### **Week of March 2, 2020**

Monday	Isaiah 1:1-20, Genesis 1:1-13	Proverbs 1:1-20
Tuesday	Isaiah 1:19-2:4, Genesis 1:14-23	Proverbs 1:20-33
Wednesday	Isaiah 2:3-11, Genesis 1:24-2:3	Proverbs 2:1-22
Thursday	Isaiah 2:11-21, Genesis 2:4-19	Proverbs 3:1-18
Friday	Isaiah 3:1-15, Genesis 2:20-3:30	Proverbs 3:19-34
Saturday	Hebrews 1:1-12	Mark 2:23-3:5
Sunday	Hebrews 11:24-26, 32-12:2	John 1:43-51