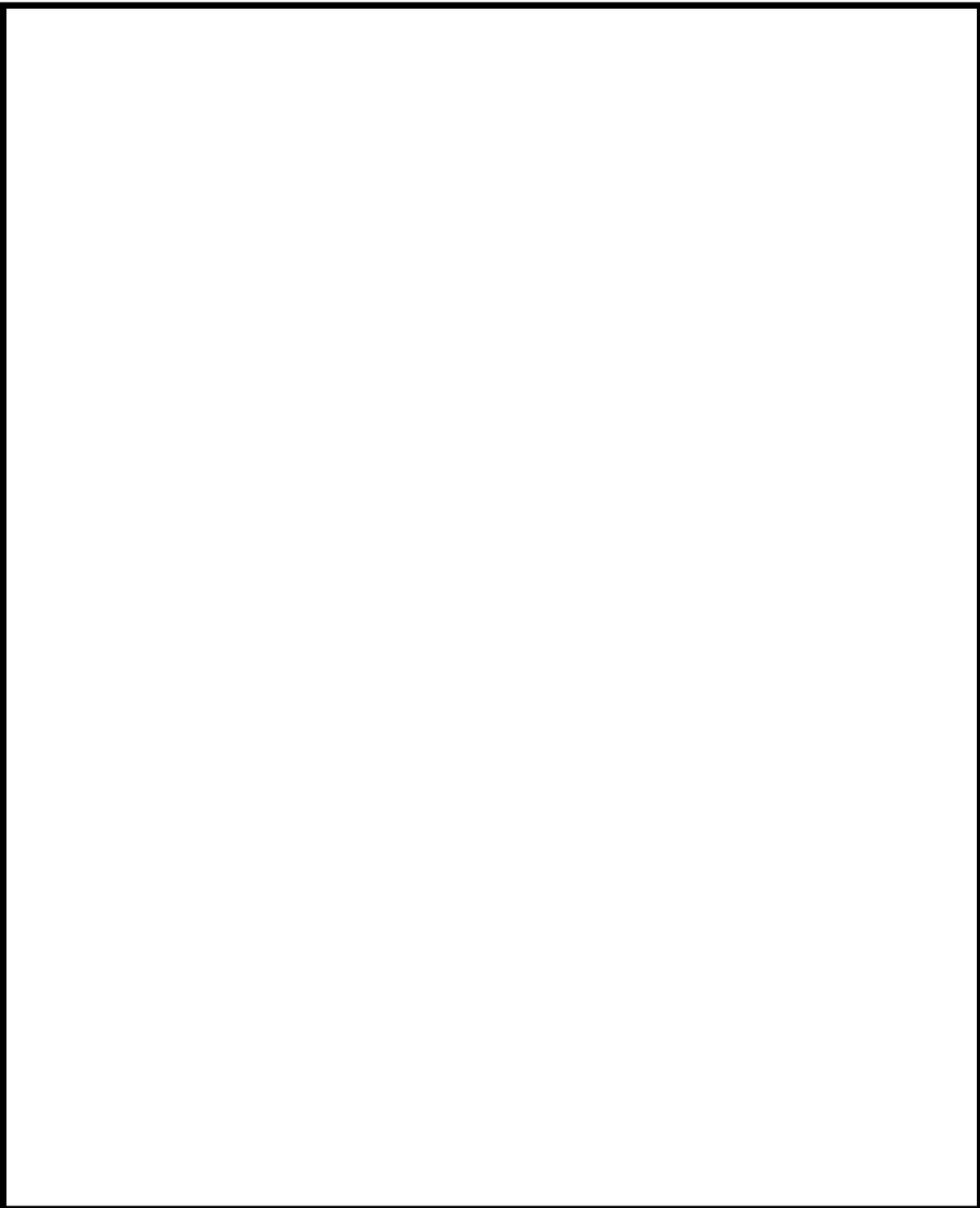


Canon of St. Andrew of Crete

Friday of the First Week



Canon of St. Andrew of Crete

Friday of the First Week

Priest: Blessed is our God, always, now and ever and unto ages of ages.

Reader: Amen. Glory to Thee, O God, glory to Thee.

O heavenly King, the Comforter, the Spirit of Truth,
Who art everywhere present and fillest all things;
Treasury of blessings, and giver of Life;
Come and abide in us, and cleanse us from every impurity,
And save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! **(3x)**

Glory to the Father, and to the Son, and to the Holy Spirit,
Now and ever and unto ages of ages. Amen.

Most Holy Trinity, have mercy on us.
Lord, cleanse us from our sins.
Master, pardon our transgressions.
Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. **(3x)**

Glory to the Father, and to the Son, and to the Holy Spirit,
Now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven,
Hallowed be Thy Name,
Thy Kingdom come, Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Reader: Amen. Lord, have mercy. **(12x)**

Come, let us worship God our King!

Come, let us worship and fall down before Christ,
our King and our God!

Come, let us worship and fall down before Christ Himself,
our King and our God!

Psalm 70:

Make haste, O God, to deliver me! Make haste to help me, O Lord!
Let them be ashamed and confounded Who seek my life; Let them
be turned back and confused Who desire my hurt. Let them be
turned back because of their shame, Who say, "Aha, aha!" Let all
those who seek You rejoice and be glad in You; And let those who
love Your salvation say continually, "Let God be magnified!" But I
am poor and needy; Make haste to me, O God! You are my help and
my deliverer; O Lord, do not delay.

Ode 1

A Helper and a Protector is there unto salvation:
He is my God, and I will glorify Him:
The God of my fathers and I will exalt Him:
for He hath triumphed gloriously.

Refrain: Have mercy on us, O God, have mercy on us.

O Lamb of God Who takes away the sins of all, take from me the heavy burden of sin, and in Your compassion forgive me.

I fall down before You, O Jesus, imploring Your mercy, for I have sinned against You. Take now from me the heavy burden of sin, and in Your mercy grant me tears of repentance.

Now is the time for repentance and I come to You, my Creator. Take from me the heavy burden of sin, and in Your compassion forgive me.

Having wasted my soul in evil habits, I am empty of the fruits of virtue and in great hunger. Therefore, I cry to You, my merciful Father, "Watch over me and have mercy on me".

O venerable Mary of Egypt, pray to God for us.

In submitting to the laws of Christ, you renounced all uncontrollable lust and came to Him, piously adopting every virtue.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Trinity above all essence and worshiped as One God, take from me the heavy burden of sin, and since You are compassionate, grant me tears of repentance.

Now and ever, and unto ages of ages. Amen.

O Theotokos, hope and protection of those who sing to you, take from me the heavy burden of sin and as our pure Lady accept me as I repent.

Ode 2

Hearken, O heaven; I will proclaim and praise Christ,
Come in the flesh, through the virgin.

Refrain: Have mercy on us, O God, have mercy on us.

Lamech cried, "I have killed a man for wounding me, and a young man for hurting me!" How can you hear this, O my soul, and not tremble? For you too have polluted your flesh and defiled your inward being.

You, my soul, desire to build a tower as a fortress for your lusts, as the people of Babel erected a tower to increase their strength. But as He did with them, so will the Creator also overthrow your desires and shatter all your plans.

How well have I imitated those first murderers, Cain and Lamech! Through the desires of the flesh I have killed my soul as did Lamech a man, and my mind as once he did a young man. I have also murdered my body as did Cain his brother.

Long ago the Lord rained burning sulfur on the city of Sodom to consume its flagrant wickedness. But you, O my soul, have kindled within yourself the fires of hell which now are about to consume you!

I am wounded; I am pierced. See how the enemy's arrows have sunk into my soul and body! See the bruises, the sores, and the mutilations which cause me to cry out, the wounds resulting from my own passions.

O venerable Mary of Egypt, pray to God for us.

You overturned your life of sin, O Mary, and eagerly ran to Christ, following His path through a pathless wilderness. And in purity and love you fulfilled His commands.

Glory to the Father, and to the Son, and to the Holy Spirit.

O God of all, I sing of You as one yet three in person,
Father, Son and Holy Spirit.

Now and ever, and unto ages of ages. Amen.

O most holy Theotokos, virgin alone praised everywhere,
pray fervently that we may be saved.

Ode 3

Establish, O Lord, on the rock of Thy commandments,
my wavering heart for Thou alone art holy and the Lord.

Refrain: Have mercy on us, O God, have mercy on us.

Like Hagar the Egyptian long ago, O my soul, are by your own choice a slave and have given birth to a new Ishmael – your own stubbornness.

You know, O my soul, of Jacob's ladder which appeared from earth to heaven. Why then have you not held fast to the secure rung of piety?

Imitate Melchizedek – that image of the royal and priestly likeness of Christ.

Do not become a pillar of salt, O my soul, by turning back to what you have left behind; let the destruction of Sodom fill you with fear, and save yourself in the town of Zoar.

Turn, wretched soul and lament, even before the festivity of life makes an end, or before the Lord locks the door of the bridal chamber.

O Master, do not reject the prayers of those who praise You, but in Your love for mankind be merciful and grant forgiveness to all who asking in faith.

Glory to the Father, and to the Son, and to the Holy Spirit.

One simple and uncreated nature without beginning Whom we praise as God in Trinity, save us who in faith worship Your power.

Now and ever, and unto ages of ages. Amen.

Without seed you gave birth in time to the timeless Son of the Father, O Theotokos, and, O strange wonder, you nourished Him at your breast while remaining a virgin!

Ode 4

The prophet heard of Thy coming, O Lord, and was frightened, that Thou should be born of a virgin, and made manifest unto men, and he said: "I have heard Thy tidings, and was afraid, of the glory of Thy power, O Lord."

Refrain: Have mercy on me, O God, have mercy on me.

My fleeting life is full of pain and wickedness, but accept me, O Lord, in repentance and allow me to behold Your presence. May the Enemy never possess me; may I never fall prey to him. O Savior, have mercy on me.

Job, once crowned and regally-attired, abounding in both wealth and virtue, found himself suddenly a beggar, cut off from all his riches and the glory of His kingdom.

Job, whom God deemed more righteous and blameless than anyone else alive, did not escape the traps of the deceiver, so what will you do, O my sin-loving soul, if something unexpected befalls you?

Like the Pharisee I am boastful and my heart is cold; my life I have passed in vanity. O my merciful and righteous Judge, do not condemn me with him, but grant me the tax-collector's humility and accept me.

I know, O merciful Lord, that I have sinned and corrupted the temple of my soul, but accept me in repentance and allow me to behold Your presence. May the Enemy never possess me; may I never fall prey to him. O Savior, have mercy on me.

O Venerable Mother Mary of Egypt, pray unto God for us.

The depths of sin to which you were dragged were unable to hold you captive. After careful reasoning, you returned to safety in God through repentance, and in deeds you attained the height of virtue beyond all expectation of angels.

Glory to the Father, and to the Son, and to the Holy Spirit.

I confess You as One God in Trinity, a single essence unconfused in Persons, co-enthroned and co-ruling. And I sing to You, "Holy! Holy! Holy!" Father, Son and Holy Spirit.

Now and ever, and unto ages of ages. Amen.

As a virgin you gave birth, and a virgin you remained by nature, your womb giving birth painlessly, for He Who was born of you renewed the laws of nature, since when God wills its order is overthrown.

Ode 5

Enlighten him, who earnestly seeks Thee through the night,
I implore Thee, Who lovest mankind;
Also guide me by Thy statutes, and teach me,
O Savior, to accomplish Thy will.

Refrain: Have mercy on us, O God, have mercy on us.

Imitate the desire of the crippled woman, O my powerless soul; come and fall down and Jesus' feet and allow Him to heal you that your path may lead toward God.

As a deep well of living water, O Lord, pour upon me the rivers of life which flow from Your wounds. Let me, like the Samaritan woman, drink of them that I may thirst no more.

Let my tears, O Lord and Master, be for me a pool of Siloam in which to wash my spiritual senses that I may see You, the Light which existed before time began.

O venerable Mary of Egypt, pray to God for us.

Blessed Mary, with unmatched fervor you longed to venerate the Tree of Life until your desire was granted. Help us now to be made worthy of attaining the heavenly glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

We glorify You, O Trinity, One in essence, and we praise and adore You forever, singing. "Holy! Holy! Holy!" Father, Son and Holy Spirit.

Now and ever, and unto ages of ages. Amen.

God, the Creator of all things, became incarnate through you, O Pure Virgin Mother, uniting our human nature to Himself.

Ode 6

I cried with my whole heart, unto the compassionate God,
And He heard me, from the nether hades,
And brought forth my life out of corruption.

Refrain: Have mercy on me, O God, have mercy on me.

I am the lost coin bearing Your royal likeness, O Word. Therefore, light the lamp (which is John, Your Forerunner and Baptizer) to find and renew that which is created in Your image.

As Joshua subdued Amalek and the lying Gibeonites, arise, O my soul and subdue the weakness of your flesh, subduing everything which leads your mind astray.

O Venerable Mother Mary of Egypt, pray unto God for us.

O Mary, a constant stream of tears fell from your eyes, extinguishing the flames lust while setting your soul aflame with love of God.
Grant me, your servant, this grace of tears.

O Venerable Mother Mary of Egypt, pray unto God for us.

Because you lived a heavenly life on earth, you were able to ignore the temptations of this world. Therefore, help those who praise you, that we may also be freed from temptations.

Glory to the Father, and to the Son, and to the Holy Spirit.

"I AM the Trinity, simple and undivided in essence, yet divided in Persons. I AM also the Unity, united in nature," says God, the Father, the Son, and the Holy Spirit.

Now and ever, and unto ages of ages. Amen.

Your womb, O Theotokos, held God Who for our sakes took human form. Implore Him, the Creator of all, that through your prayers we may be justified.

Kontakion (Tone 6)

My soul, my soul, Arise!
Why are you sleeping?
The end is approaching,
and you will be confounded.

Awake then and be watchful,
that you may be spared by Christ God.
Who is everywhere present, and fills all things.

Ode 7

We have sinned, we have dealt unlawfully
and unjustly before Thee:
We have neither kept nor done what Thou didst command us:
Yet cast us not away at the last, O God of our fathers.

Refrain: Have mercy on me, O God, have mercy on me.

My life is vanishing like a dream on waking. Therefore, like Hezekiah
I cry upon my bed, asking that years may be added to my life. But
what Isaiah will help me – except the Lord of all?

I fall down before You, O Lord, offering my words as if they were
tears, for no less than the prostitute have I sinned; I have
transgressed as no one else on earth. But take pity on Your creature
and restore to me Your mercy.

I have distorted Your image, O Savior, and broken Your commands.
The beauty of my soul has been spoiled and its light extinguished by
my sins. But have pity on me and in David's words, "Give me again
the joy that come from Your salvation."

Repent! Repent! Uncover what is hidden! Say to God Who knows all
things, "You are my only Savior and know my terrible secrets." Yet,
in David's words, "be merciful to me according to Your constant
love."

O Venerable Mother Mary of Egypt, pray unto God for us.

You cried to the pure Theotokos and were freed from the deadly grip of sin, putting Satan your tempter to shame. Grant also to me, your servant, aid in times of trouble.

O Venerable Mother Mary of Egypt, pray unto God for us.

God Whom you loved and for Whom you longed, Whose path you followed, O Mother, found you and granted you repentance in His compassion. Pray, therefore, that we may be freed from sin and adversity.

Glory to the Father, and to the Son, and to the Holy Spirit.

Simple and undivided, One in essence and nature, Light and Lights, One Holy and Three Holies, God is praised as Trinity. So sing praises to Him, O my soul, and glorify the Life and Lives, the God of all.

Now and ever, and unto ages of ages. Amen.

We praise you, we bless and venerate you, O Mother of God, for from the undivided Trinity you brought forth the only Son of God and restored to us on earth the heavenly realms.

Ode 8

Him Whom the hosts of heaven glorify,
Whom the Cherubim and Seraphim dread,
let every breath and creature praise, bless, and magnify
throughout all ages.

Refrain: Have mercy on us, O God, have mercy on us.

As the prostitute broke her priceless jar of myrrh to anoint Your head, O Savior, so do I weep before You with a broken and contrite heart. Hear my prayer; forgive and have mercy on me.

I am the first and greatest of sinners, O patient Savior, but I cry to You in fear and love: "Though I have sinned against You alone, and done evil in Your sight, nevertheless, have mercy on me!"

Space me, O my Savior, for I am the work of Your own hands. Seek me, Your lost sheep, O Good Shepherd, and deliver me from the jaws of the wolf, including me as a lamb in Your royal fold.

O Most-Merciful Christ, when You ascend Your dread tribunal as Judge, all of creation will be overcome with fear and trembling, for on that day, Your glory will be revealed as a blazing fire.

O Venerable Mother Mary of Egypt, pray unto God for us.

The Mother of the never-setting Sun enlightened you and freed you from the darkness of your passions. Since now you rejoice in the grace of the Spirit, O Mary, illumine all who praise you in faith.

O Venerable Mother Mary of Egypt, pray unto God for us.

Zosimas the Elder marveled meeting you, O Mother, for in you he saw and earthly angel. Filled with awe he praises Christ forever.

Let us bless the Father, Son, and Holy Spirit: the Lord.

O eternal Father, co-eternal Son, and gracious Comforter, the Spirit of Truth: O Father of the Divine Word, Word of the eternal Father, and life creating Spirit – Trinity in unity, have mercy on us.

Now and ever, and unto ages of ages. Amen.

O pure Virgin, the flesh of Emmanuel was formed within your womb as a robe of royal crimson in spun from scarlet silk. We proclaim you to be truly the Mother of our God.

Ode 9

Inexplicable is the Nativity of conception without seed:
Incorruptible is the fruit of the spouseless Mother;
For the birth of God reneweth nature:
Wherefore do all generations right-gloriously magnify thee,
as Bride and Mother of our God.

Refrain: Have mercy on us, O God, have mercy on us.

Have pity on me, a Son of David, Who by Your word cured a man possessed by a demon. Let me also hear Your compassionate promise to the thief: “You will be with Me in paradise when I return in My Glory!”

Two thieves were crucified beside You, O Christ. The one abused You, while the other confessed You to be God. O most merciful Lord, open to me the doors of Your glorious Kingdom as You did to the believing thief.

Creation shook beholding Your crucifixion, O Jesus. The mountains and rocks split in fear; the earth quaked and hell surrendered its prisoners. The sky grew dark at mid-day – seeing You nailed in the flesh to a Cross.

O Only Savior, do not require of me in my weakness, fruits which will show that I have changed my ways. Grant rather that finding contrition of heart and poverty in spirit, I may offer these to You as a pleasing sacrifice.

O Venerable Mother Mary of Egypt, pray unto God for us.

O Mary, you overcame the flesh and lived as though bodiless crossing the River Jordan unhampered by your body. Your wondrous life is an amazement to the ranks both of angels and men.

O Venerable Mother Mary of Egypt, pray unto God for us.

O Venerable Mother, intercede with the Creator that we who sing your praises may be delivered from the afflictions and sorrows which surround us. That being delivered from temptations we may unceasingly glorify the Lord Who has glorified you.

O Venerable Father Andrew, pray unto God for us.

O Honorable Andrew, thrice-blessed Father and Pastor of Crete, never cease praying to God for those who sing your praises, that He may deliver from anger, sorrow, corruption, and countless sins all of us who faithfully honor your memory.

Glory to the Father, and to the Son, and to the Holy Spirit.

We glorify the Father, we exalt the Son, and we worship the Holy Spirit, the indivisible Trinity Who exists as One, the Light and Lights, the Life and Lives Who grants light and life to the ends of the world.

Now and ever, and unto ages of ages. Amen.

O purest Mother of God, preserve your people, for through you are we kept faithful, strengthened, and made able to overcome every temptation, trial and tribulation.

Katavasia

Inexplicable is the Nativity of conception without seed:
Incorruptible is the fruit of the spouseless Mother;
For the birth of God reneweth nature:
Wherefore do all generations right-gloriously magnify thee,
as bride and Mother of our God.

Psalm 4:

Hear me when I call, O God of my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer. How long, O you sons of men, Will you turn my glory to shame? How long will you love worthlessness and seek falsehood? But know that the Lord has set apart for Himself him who is godly; The Lord will hear when I call to Him. Be angry, and do not sin. Meditate within your heart on your bed, and be still. Offer the sacrifices of righteousness, And put your trust in the Lord. There are many who say, "Who will show us any good?" Lord, lift up the light of Your countenance upon us. You have put gladness in my heart, more than in the season that their grain and wine increased. I will both lie down in peace, and sleep; For You alone, O Lord, make me dwell in safety.

Glory to the Father and to the Son, and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Alleluia! Alleluia! Alleluia! Glory to Thee, O God! **(3X)**

Priest: God is with us! Understand, O nations, and submit yourselves, for God is with us!

People: God is with us! Understand, O nations, and submit yourselves, for God is with us!

Priest: Hear this, all you ends of the earth!

People: God is with us! *(repeated after each verse)*

Priest:

Submit yourselves, you mighty ones!
Even if your strength returns, you shall be overthrown once more.
If you take counsel together, the Lord will scatter you.
If you speak a word, it will never stand, even among yourselves.
We do not fear your threats, nor are we troubled. For the Lord our
God is holy, and him will we fear.
If I trust in Him, He will be my sanctification. I will wait for Him;
He will save me.
Behold, I and the children God has given me.
The people who walked in darkness have seen a great light.
Those who dwell in the land of the shadow of death,
on them has light shined.
For unto us a Child is born; unto us a Son is given.
And the government shall be upon His shoulder.
And of His peace, there shall be no end.
And His name shall be called the Angel of Great Counsel.
Wonderful, Counselor.
Mighty God, Everlasting Father, Prince of Peace.
The Father of the world to come.
Glory to the Father, and to the Son, and to the Holy Spirit.
Now and ever and unto ages of ages. Amen.

Priest: God is with us! Understand, O nations, and submit yourselves,
for God is with us!

People: God is with us! Understand, O nations, and submit yourselves,
for God is with us!

Now that the day is over, I glorify you O Master,
And I pray that I may pass the evening and the night without sin.
Grant this, O Savior, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit.
Now that the day is over, I glorify you, O Master,
And I pray that I may pass the evening and the night
without giving offense.
Grant this, O Savior, and save me.

Now and ever, and unto ages of ages. Amen.

Now that the day is over, I praise you, O Holy One,
And I pray that I may pass the evening and the night
without temptation.
Grant this, O Savior, and save me.

The Creed

I believe in one God, the Father Almighty, Maker of heaven and
earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten,
begotten of the Father before all ages. Light of Light; True God of
True God; begotten, not made; of one essence with the Father, by
Whom all things were made;
Who for us men and for our salvation came down from heaven, and
was incarnate of the Holy Spirit and the Virgin Mary, and became
man. And He was crucified for us under Pontius Pilate, and suffered,
and was buried. And the third day He rose from the dead, according
to the Scriptures; And ascended into heaven, and sits at the right

hand of the Father; And He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets.

In one Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the resurrection of the dead; And the life of the world to come. Amen.

The Intercessions

Priest: All-holy Lady, Theotokos, pray for us sinners.

All heavenly hosts of angels and archangels, pray for us sinners.

O holy John, Prophet and Forerunner and Baptist of our Lord, Jesus Christ, pray for us sinners.

O holy, glorious apostles, prophets and martyrs, and all you saints, pray for us sinners.

O our holy God-bearing fathers, pastors, and teachers of the universe, pray for us sinners.

O holy Father Nicholas, our heavenly patron, pray for us sinners.

O saints of North America, holy hierarchs, ven'erable monastics, righteous priests, and glorious martyrs, pray for us sinners.

O invincible, unconquerable, divine power of the precious and life-giving cross,
forsake not us sinners.

O God, cleanse us sinners.

O God, cleanse us sinners.

O God, cleanse us sinners, and have mercy on us.

Troparion:

Tone 2

Lighten my eyes, O Christ God,
That I sleep not unto death,
Lest my enemy say:
“I have prevailed against him.”

Glory to the Father, and to the Son, and to the Holy Spirit.

Be the Defender of my soul, O God.
For I walk amid a multitude of snares.
Deliver me from them and save me, O Good One:
For You love mankind.

Now and ever, and unto ages of ages. Amen.

Since we have no boldness because of our many iniquities,
O Virgin Theotokos, fervently entreat Him Who was born of you.
For the prayer of a mother avails much unto the goodness of the
Master. Do not despise the petitions of us sinners, O all-pure one,
For He is gracious and mighty to save, for He willed to suffer for our
sakes.

Psalm 143:

Hear my prayer, O Lord, Give ear to my supplications! In Your
faithfulness answer me, And in Your righteousness. Do not enter
into judgment with Your servant, For in Your sight no one living is

righteous. For the enemy has persecuted my soul; He has crushed my life to the ground; He has made me dwell in darkness, Like those who have long been dead. Therefore my spirit is overwhelmed within me; My heart within me is distressed. I remember the days of old; I meditate on all Your works; I muse on the work of Your hands. I spread out my hands to You; My soul longs for You like a thirsty land. Answer me speedily, O Lord; My spirit fails!

Do not hide Your face from me, Lest I be like those who go down into the pit. Cause me to hear Your lovingkindness in the morning, For in You do I trust; Cause me to know the way in which I should walk, For I lift up my soul to You. Deliver me, O Lord, from my enemies; In You I take shelter.

Teach me to do Your will, For You are my God; Your Spirit is good. Lead me in the land of uprightness. Revive me, O Lord, for Your name's sake!

For Your righteousness' sake bring my soul out of trouble. In Your mercy cut off my enemies, And destroy all those who afflict my soul; For I am Your servant.

In Your faithfulness answer me, and in Your righteousness. Do not enter into judgment with Your servant. In Your faithfulness answer me, and in Your righteousness. Do not enter into judgment with Your servant. Let Your good Spirit lead me on a level path.

The Lesser Doxology

Priest: Glory to Thee, Who has shown us the Light!

Glory to God in the highest, and on earth, peace, good will toward men!

We praise You! We bless You! We worship You!

We glorify You and give thanks to You for Your great glory!

O Lord God, Heavenly King, God the Father Almighty!

O Lord, the Only-Begotten Son, Jesus Christ, and the Holy Spirit!

O Lord God, Lamb of God, Son of the Father, Who take away the sins of the world, have mercy on us!

You, Who take away the sins of the world, receive our prayer!

You, Who sit on the right hand of God the Father, have mercy on us!

For You alone are holy, and You alone are Lord. You alone, O Lord Jesus Christ, are most high in the glory of God the Father! Amen!

I will give thanks to You every day and praise Your Name forever and ever. Lord, You have been our refuge from generation to generation! I said, "Lord, have mercy on me. Heal my Soul, for I have sinned against You!" Lord, I flee to You. Teach me to do Your will, for You are my God. For with You is the fountain of Life, and In Your light shall we see light. Continue Your lovingkindness to those who know You.

Vouchsafe, O Lord, to keep us this day without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your Name for ever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope on You.

Blessed are You, O Lord; teach me Your statutes.

Blessed are You, O Master; make me to understand Your commandments.

Blessed are You, O Holy One; enlighten me with Your precepts. Your mercy endures forever, O Lord! Do not despise the works of Your hands!

To You belongs worship, to You belongs praise, to You belongs glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy God, Holy Mighty, Holy Immortal Have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit,
Now and ever and unto ages of ages. Amen.

O most holy Trinity, have mercy on us. O Lord, cleanse us from our
sins. O Master, pardon our transgressions. O Holy One, visit and
heal our infirmities for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit,
Now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name.
Thy kingdom come, Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

Priest: For Thine is the kingdom, and the power, and the glory,
of the Father and of the Son, and of the Holy Spirit,
now and ever, and unto ages of ages.

The Praises

People: Remain with us, O Lord of Hosts. In affliction we have no
other helper but you. O Lord of Hosts, have mercy on us.
(repeated after every verse)

Verses:

Praise God in His sanctuary; praise Him in His mighty firmament!

Praise Him for His mighty deeds; praise Him according to His exceeding greatness.

Praise Him with trumpet sound; praise Him with lute and harp!

Praise Him with timbrel and dance; praise Him with strings and pipe!

Praise Him with sounding cymbals; praise Him with loud clashing cymbals.

Praise God in His Sanctuary, praise Him in His mighty firmament.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Lord, if we did not have Thy saints as intercessors
And Thy merciful loving-kindness;
How could we dare to praise Thee, O Savior,
Whom angels glorify ceaselessly;
O Seer of hearts, have pity on our souls.

Now and ever and unto ages of ages. Amen.

Great is the multitude of my transgressions, O Theotokos.
I run to you, O pure One, seeking salvation.
Visit my ailing soul,
And entreat your Son and our God,
To grant me remission of the awful things I have done,
O Only Blessed One.
Do not forsake me throughout all the days of my life,
O all-holy Theotokos.
Do not turn me over to the protection of men,
But help me and have mercy on me.

All my hope have I placed in you, O Holy Theotokos.
Protect me beneath your veil.

Reader: Lord, have mercy. **(12x)**

Prayer of the Hours

In every season and at every hour, in heaven and on earth, You are worshiped and glorified, O Christ God, long-suffering, great in mercy and compassion. You love the righteous and show mercy on sinners. You call everyone to salvation through the promise of blessings to come. Do You, Yourself, O Lord, accept also our prayer at this hour and direct our lives according to Your commandments. Sanctify our souls, purify our bodies, correct our thoughts, cleanse our mind, and deliver us from all affliction, evil, and distress. Surround us with Your holy angels, that guarded and guided by them we may attain to the unity of the faith, and to the knowledge of your unapproachable glory; for You are blessed unto ages of ages. Amen.

Lord, have mercy. **(3x)**

Glory to the Father, and to the Son, and to the Holy Spirit,
Now and ever and unto ages of ages. Amen.

More honorable than the Cherubim and more glorious beyond
compare than the seraphim, without corruption,
Thou gavest birth to God the Word.
True Theotokos, we magnify Thee.

In the Name of the Lord, Father bless.

Priest: O God, be gracious to us and bless us, and shine the light of Thy
countenance upon us, and have mercy on us.

People: Amen.

Prayer of St. Ephrem

Priest: O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk. (prostration)

But give rather the spirit of chastity, humility, patience and love to Thy servant. (prostration)

Yea, O Lord and King! Grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages.

O God, cleanse me, a sinner. (12x)

The entire prayer of St. Ephrem is read and a single prostration is made.

The Prayer of Supplication

Priest: Grant unto us, O Master, as we lay down to sleep, rest of both soul and body, and preserve us from the gloomy slumber of sin and from every dark and nocturnal passion. Calm the impulses carnal desire, and quench the fiery darts of the Evil One, which are craftily directed against us. Still our every earthly and material desire, and grant unto us, O God, a watchful mind, chaste reason, a sober heart, and gentle sleep, free from every vision of the Devil. Raise us up again at the hour of prayer, strengthened in Your precepts, and holding steadfastly to Your commandments. Grant that all night long we may sing praises unto You, and may sing, bless, and glorify Your all-honorable and majestic Name: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

Priest: O exceedingly glorious, ever-Virgin Theotokos, carry our prayers unto your Son and our God, and implore Him that, through you, He will save our souls.

Priest: The Father is my Hope; the Son is my Refuge; the Holy Spirit is my Protector, O Holy Trinity, Glory to Thee.

(kneeling)

O Master, great in mercy, Lord Jesus Christ our God; through the prayers of our all-pure Lady, the Theotokos and ever-virgin Mary; through the might of the precious and Life-giving Cross; through the prayers of the honorable Bodiless Powers of Heaven; of the honorable, glorious Prophet, Forerunner, and Baptist, John; of the holy, glorious, and all-laudable Apostles; of the holy, glorious and gloriously triumphant Martyrs; of our venerable and God-bearing Fathers; of the holy and righteous Ancestors of God, Joachim and Anna; of our venerable Father Herman, Elder and Wonderworker of Alaska; and all the Saints of North America; and of all the Saints: Make our prayer acceptable. Grant unto us remission of our iniquities. Hide us under the shadow of Your wings. Drive far from us every foe and adversary. Give peace to our life. Have mercy upon us and upon Your world, O Lord, and save our souls, forasmuch as You are merciful and love mankind.

The priest makes a single prostration to the congregation, saying the following:

Pray for me, Brothers and Sisters. Forgive me, a sinner.

People: May God forgive you, Father _____, and forgive us, also.
For He is a forgiving God.

Priest: Let us pray for His Beatitude, our Metropolitan _____;
for His (Eminence) Grace, our (Arch)Bishop _____;
for the whole episcopate of the Orthodox Church in America;
for the honorable priesthood, those in monastic orders,
the diaconate in Christ, and for all the clergy and the people.

People: Lord, have mercy. *(after each petition)*

Priest: For the President of our country, for all civil authorities, and for the armed forces everywhere:

For those who hate us and those who love us:

For those who are kind to us and those who serve us:

For those who have asked us to pray for them, unworthy though we may be:

For the release of prisoners:

For those who are absent for worthy cause:

For those who are traveling by land, by sea or in the air:

For those to lie in sickness:

For the abundance of the fruits of the earth and for favorable weather:

For those who are persecuted for the Faith:

For every Orthodox Christian soul:

For the Orthodox Bishops and for the Founders and Benefactors of our Seminaries, Monasteries, and Chapels of Prayer of our Holy Orthodox Church, and for the staff, teachers, servers, and the confessors who labor in them:

For the Founders and Benefactors of this holy House, and for those who labor, serve, and sing herein:

For our parents and brethren and for all Orthodox believers departed this life before us, who here, and in all the world lie

asleep in the Lord:

Let us also say for ourselves:

People: Lord, have mercy. **(3x)**

Priest: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy upon us.

People: Amen.



SAINT NICHOLAS
RUSSIAN ORTHODOX CHURCH

Revised March 2020